Western Meadowlark Therapies, LLC Helena, MT

#### **STANDARD POLICY**

# MUSIC THERAPY SERVICES INFECTION CONTROL POLICY Issued by: Western Meadowlark Therapies Date: 1/21 Reviewed: 1/21 Page: 1 of 4

<u>PURPOSE:</u> To provide corporation specific details of infection control plan. This document describes persons at risk of occupational exposure to blood borne pathogens and other significant organisms, and methods of protection from these organisms. The remainder of the document describes cleaning and disinfection of company equipment and environmental surfaces, traffic control and miscellaneous infection control issues/concerns specific to the area.

AUTHORIZED PERSONEL: Music Therapists, any other WMT staff

PROCEDURE:

#### A. POLICY AREAS

- 1. Infection Control Plan
- 2. Standard Precautions
- 3. Cleaning and Disinfection Policy
- 4. Exposure Bloodborne Control Plan
- 5. Handwashing Policy

#### **B. INFECTION CONTROL PLAN**

General statement: Infection control plan includes all WMT staff following the standard precautions listed, following the bloodborne control plan, following all cleaning and disinfection listings, and complying with the handwashing policy.

# **C. STANDARD PRECAUTIONS**

General statement: The use of personal protective equipment (PPE) will be required before the entrance of any client's home or facility. PPE will be worn by all WMT staff for the duration of the session and while in the presence of clients and any person present in the home.

Personal Protective Equipment includes gloves, face mask, and face shield. Disposable gown may be worn as well.

The table below describes tasks or groups of closely related tasks in which risk of exposure occurs and the relevant personal protective wear needed to decrease the risk of exposure. The table is not all-inclusive; therefore, the WMT employee is to refer to specific written procedures which relate to the task in question.

### KEY TO TABLE:

Yes = Personal protective equipment required No = Personal protective equipment not required under usual circumstances, but would be required if anticipation on splashing/splattering/sprays.

| Task                                                              | Gloves | Face/Eye<br>Protection | Gown | Comments                                    |
|-------------------------------------------------------------------|--------|------------------------|------|---------------------------------------------|
| General facilitation of session in the client's home              | Yes    | Yes                    | No   | Gown may<br>be worn if<br>client<br>prefers |
| General facilitation of tele-health session                       | No     | No                     | No   |                                             |
| Used<br>instruments/equipment:<br>Handling in the home            | Yes    | Yes                    | No   |                                             |
| Used<br>instruments/equipment:<br>Handling outside the<br>home    | Yes    | No                     | No   |                                             |
| Coughing: frequent or<br>forceful by the client<br>during session | Yes    | Yes                    | Yes  |                                             |

# D. CLEANING AND DISINFECTION POLICY

General Statement: All equipment and surfaces are considered contaminated after each use in a client home. Contaminated equipment and surfaces must be cleaned with a sanitizing wipe that contains bleach. Check that they are sufficiently wet before using. Allow item to dry fully before transport. Refer to the following for more complete and specific cleaning and disinfection information:

### KEY TO TABLE:

Staff = WMT employed person Between patients = Cleaning will occur after use by each patient or individual session.

| Equipment   | Who    | Product    | Frequency | Store/trans | Comments    |
|-------------|--------|------------|-----------|-------------|-------------|
|             | Cleans |            |           | port        |             |
| Guitar      | Staff  | PDI AF3    | Between   | In          | Clean neck  |
|             |        | "Grey      | patients  | designated  | and strings |
|             |        | top" Sani- |           | case        |             |
|             |        | wipes      |           |             |             |
| Instruments | Staff  | PDI AF3    | Between   | Clean       |             |
|             |        | "Grey      | patients  | equipment   |             |
|             |        | top" Sani- |           | bins        |             |
|             |        | wipes      |           |             |             |
| Visual      | Staff  | PDI AF3    | Between   | Clean       | Plastic,    |
| Aides/props |        | "Grey      | patients  | equipment   | rubber, or  |
|             |        | top" Sani- |           | bins        | laminated   |
|             |        | wipes      |           |             | only        |
| Computer/   | Staff  | PDI AF3    | Between   | Other       |             |
| electronics |        | "Grey      | patients  |             |             |
|             |        | top" Sani- |           |             |             |
|             |        | wipes      |           |             |             |

# D. EXPOSURE BLOODBORNE CONTROL PLAN

General Statement: When it is anticipated that there will be contact with blood, body fluids, excretions, secretion, nonintact skin, mucous membranes or contaminated equipment, all personnel will use appropriate engineering controls, work practices and personal protective equipment to prevent cross contamination and/or personal exposure and risk of infection.

 Staff "AT RISK" of occupational exposure to bloodborne pathogens: Music Therapist Any WMT staff person

2. Engineering Controls: Controls (usually devices) that isolate or remove the bloodborne hazard from the workplace: Gloves, Alcohol hand rubs, sanitizing wipes.

**3. Work Practice:** (Controls that reduce the likelihood of exposure by altering the manner in which a task is performed.)

Use of Personal Protective Equipment Standard Precautions Appropriate hand hygiene Use of alcohol hand rinse when hand washing is not feasible. No food or beverages in client homes Disinfection of work surfaces Disinfection of musical instruments/equipment

# E. HANDWASHING POLICY:

General Statement: All WMT employees will wash hands with soap and water whenever feasible

- 1. before starting a session
- 2. touching any contaminated object or equipment
- 3. after using the restroom
- 4. at the conclusion of the session
- 5. after following the cleaning and disinfection policy

If soap and water is not available, an alcohol-based hand sanitizer will be used in all the same circumstances.